THE NUDIST PICTURE NEWS

APRIL 1957 60c

modern Sunbathing and hygiene

Nudists WHO BREAK THE RULES

WHY FEAR FREUD? HE'D LOVE US!

LET'S GET PERSONAL

See page 36

Geography is about maps
But Biography is about chaps.
Edmund Clerihew Bentley

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Vol. 27, No. 4-119 April, 1957

Modern Sunbathing and Hygiene

A CULTURAL, SOCIOLOGICAL AND SCIENTIFIC PUBLICATION

In support of natural living, this magazine publishes news of nudists and their world, presenting viewpoints of leading nudists and facts about nudism's effect on physical and mental health. It is our duty to assist local authorities everywhere to understand the importance of nudism and to gain their cooperation and support. The beauty of the nude human body illuminates the principle that a sound body is prerequisite for a sound mind. Nudists' healthful attitude toward the body invites belief in their way of life.

—The Publishers

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Readers' FORUM

Our Blind Eye-Witness

. . . I was very surprised to read the eyewitness report "Levant Cover-Up Curbs Nudists" in the December issue of your magazine. As a matter of fact, my wife and I visited the Ile du Levant two months ago and stayed there a few weeks. To tell the truth we camped at Les Grottes together with about 100 other nudists in an original camp ruled by members of the ADIL (Friends of the Ile du Levant).

Your correspondent wrote that camping at Les Grottes wasn't allowed any more; he should have a look . . . He stated it wasn't allowed to appear completely naked at the island. That isn't true. My wife and I and all the other visitors wore "le minimum" only within the borders of the village of Heliopolis, which has been a rule for about 20 years.

There was no warning us to wear le minimum on the rocks or in the sea. The only policeman on the island, M. Robin, visited Les Grottes once or twice a week and he never told anyone to put on le minimum.

As for the "peeping Toms" from the mainland, yes, on Sundays you could find hundreds of them in the village, but on the beach and in the "hinterlands" they weren't to be found as they thought the journey to these parts too difficult to make. Three or four peeping Toms reached the beach but after a little time they took off their clothes too!

Sure, the French authorities closed the beach at Rioufrède but not because of "lowered conduct" but because the Navy needed it for the experiments with guided missiles. As far as we could see the moral standard on the island was very high!

V. Vermeulen
Overveen, Holland

The Wearin' of the Green . . .

I was given some copies of your very fine magazine by a friend in the U. S. Currency restrictions make it impossible to buy over here. . . .

Although there is no official organization here there are plenty of believers and practicing naturists, doing so of course in their own private sanctums.

P. M.
Belfast, Ireland

Cold Artist Keeps Coat

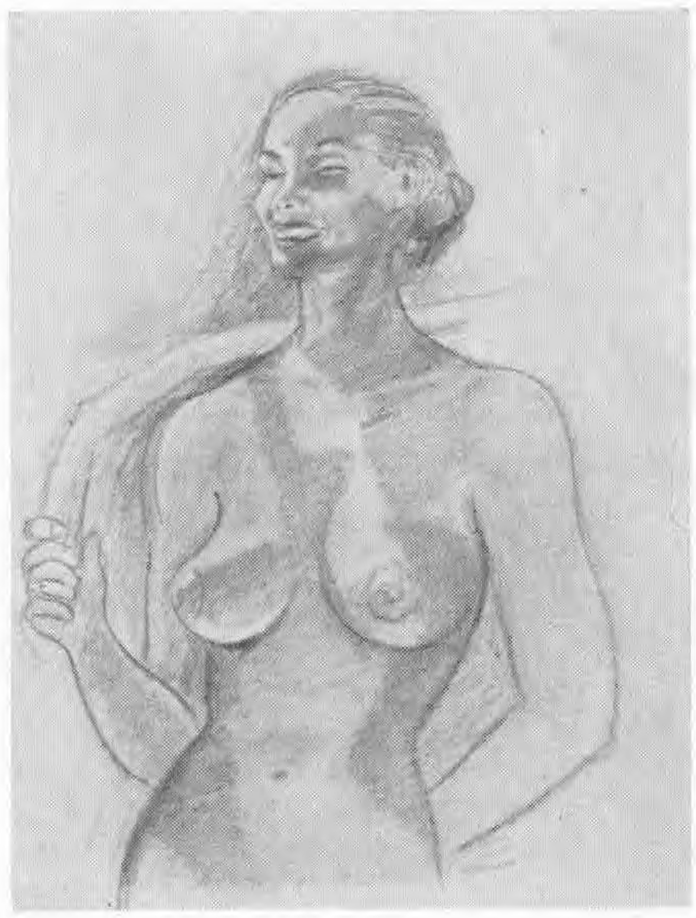
. . . I would like to say, first of all, I am not a nudist, never was, and as far as I know never will be. In fact . . . I came upon your magazine quite by accident.

Here is the point I would like to make. I can't see why nudists are so worried—or even care why others fail to see your point. There are some thick-skulled persons who are incapable of seeing another's viewpoint. It's that simple.

I can remember about 10 years ago when I was going to the Chicago Academy of Fine Arts, I had been storing in my two-by-four room some of my nude studies . . . After missing them one day, I finally asked my landlady if she had seen them. I was informed pretty coldly that she "had burned them". I was not to bring that "trash" (see cut) around again.

You see, you can't even begin to convince some people.

I have told you that I am not a nudist. But I do believe the human body is perhaps the most beautifully designed structure in the world. And what I wouldn't



give (draped in a heavy overcoat) to be turned loose with pencil and sketch pad in one of your camps!

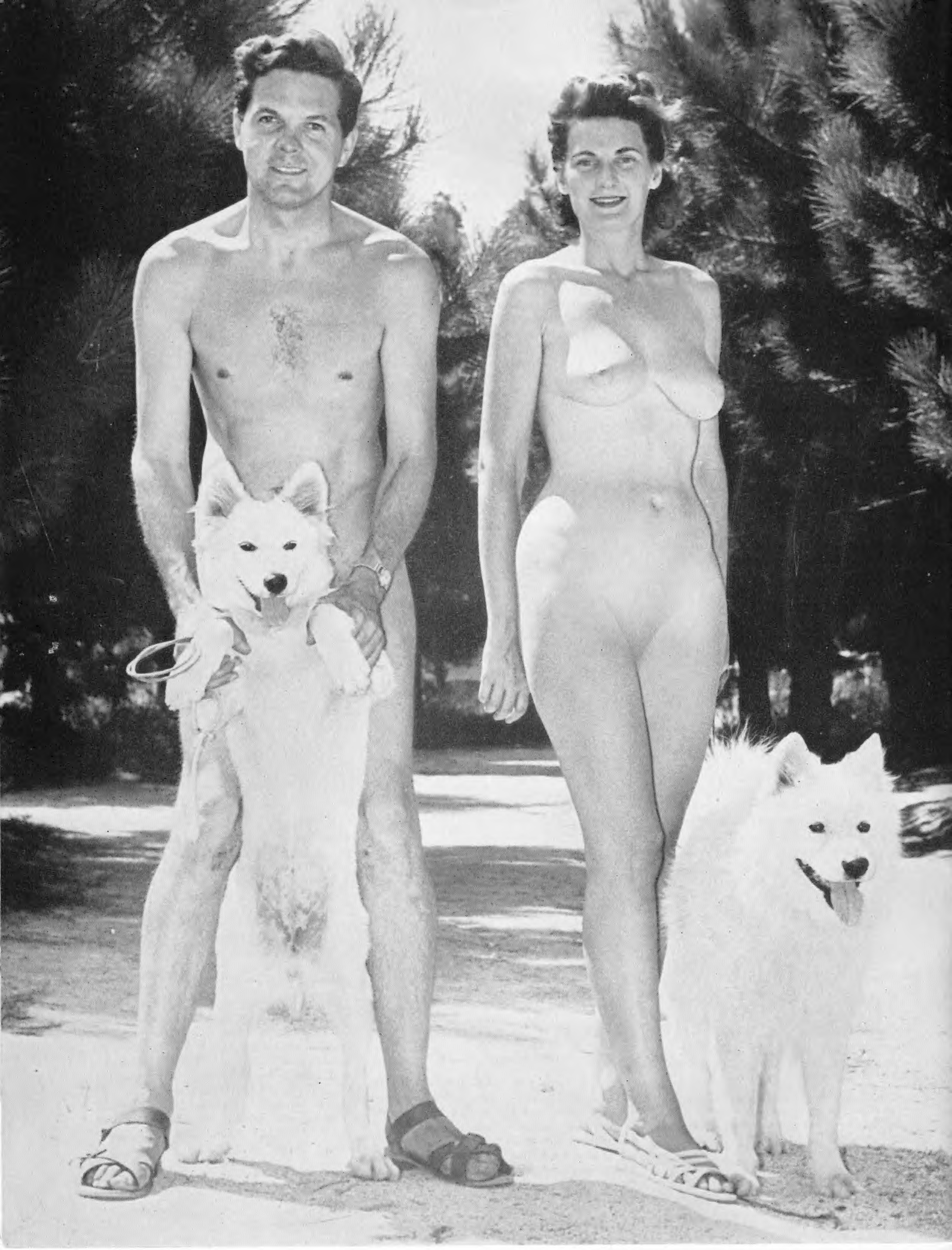
Well, sir, these are my views. I hope they have brought you a flicker of interest. Don't worry about those who oppose your ideas. . . .

P. B. N.
San Francisco Calif.

More Families, Please

. . . SUNBATHING seems to get better with each month's issue. There is one suggestion I would like to offer, though, echoing the wish of several before me. There should be more pictures of whole families, children and men. When children get used to seeing the body in all its beauty, or comical misshapen examples of laziness such as mine, they lose the morbid curiosity that hiding the body seems to engender in so-called moral society.

I. S.
Tulsa, Okla.



Siberian Nudists

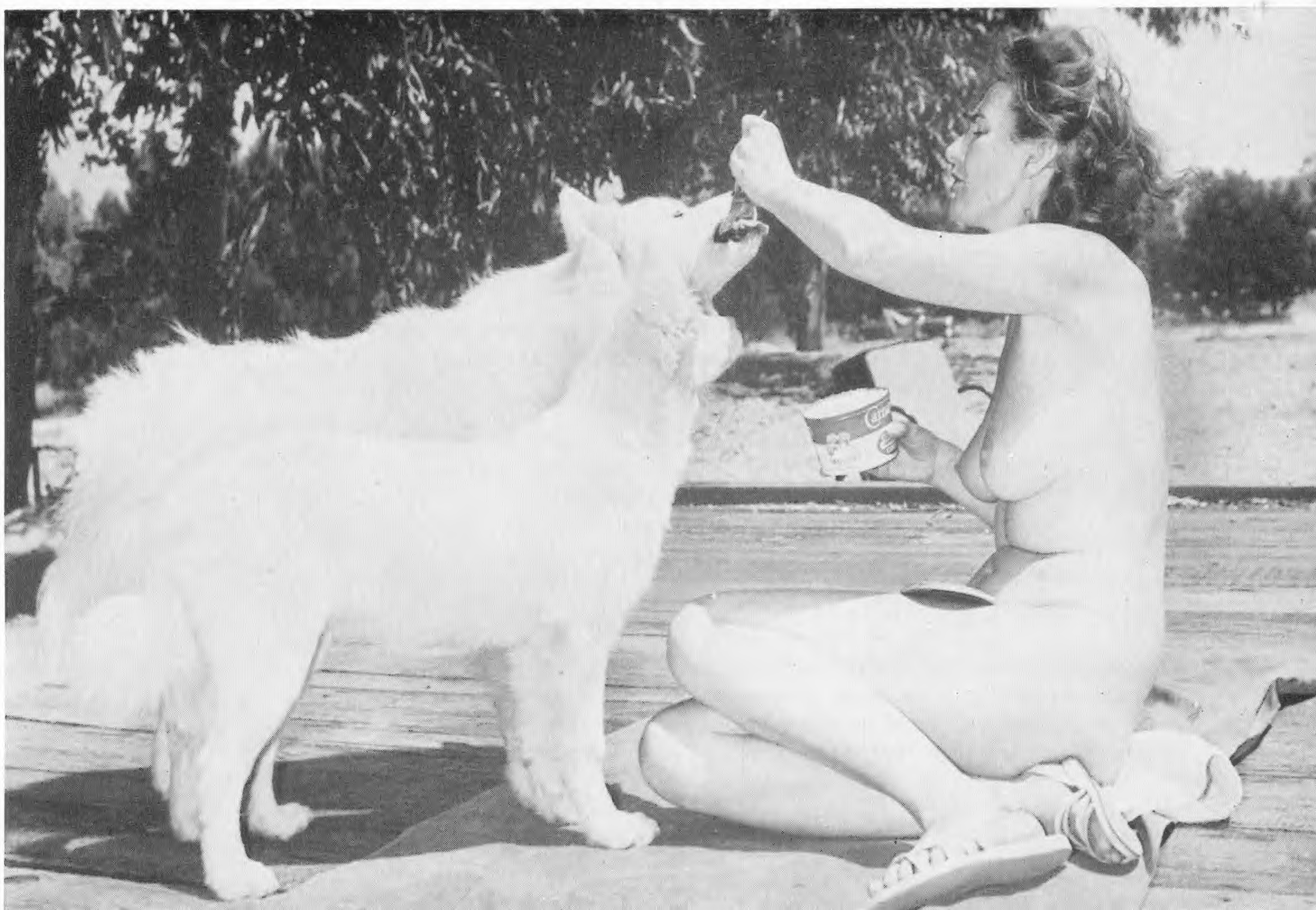
BREAK EVERY RULE

Photos and text by MARTIN COLLIER

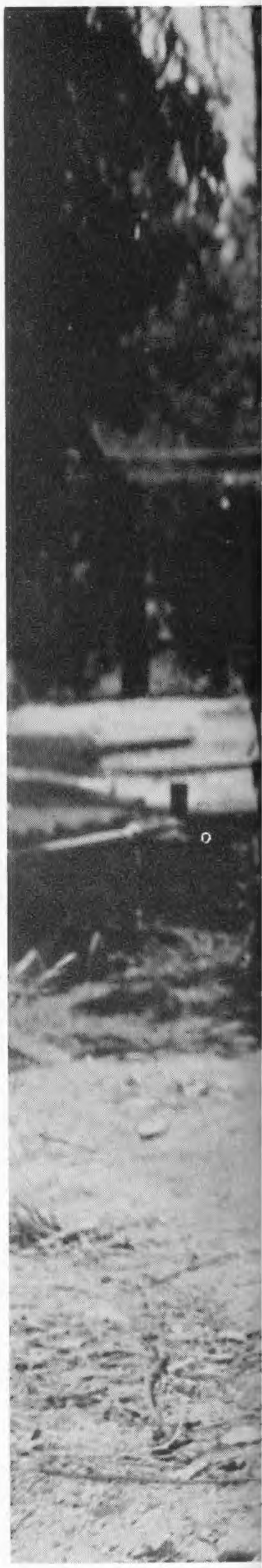
THE UNUSUAL is commonplace at most nudist parks, but it verges on the bizarre when guests manage to break every rule in the book without getting thrown out! There's a pair of personalities at Oakdale Ranch who don't give a wag of their tails for the rules and yet the very way they flaunt authority seems to win friends and influence people. This pair is always welcome.

Not only do they refuse to join other guests in the buff, but they avoid the pool, the volley ball court, the snack bar (under duress) and to top it off, they never take off their fur coats! Known as the Siberian Nudists, Frost (name self-explanatory) and Neve (named for the Soviet

Frost and Neve (she's in front) lead dog's life at Oakdale. They particularly approve camp's trees.



Flagrant disregard of camp rules doesn't harm Samoyeds' popularity. Neve (right) is smaller, not so independent as Great Man Frost. Strangers to water, they have no D. O. (doggy odor) if brushed vigorously every day.

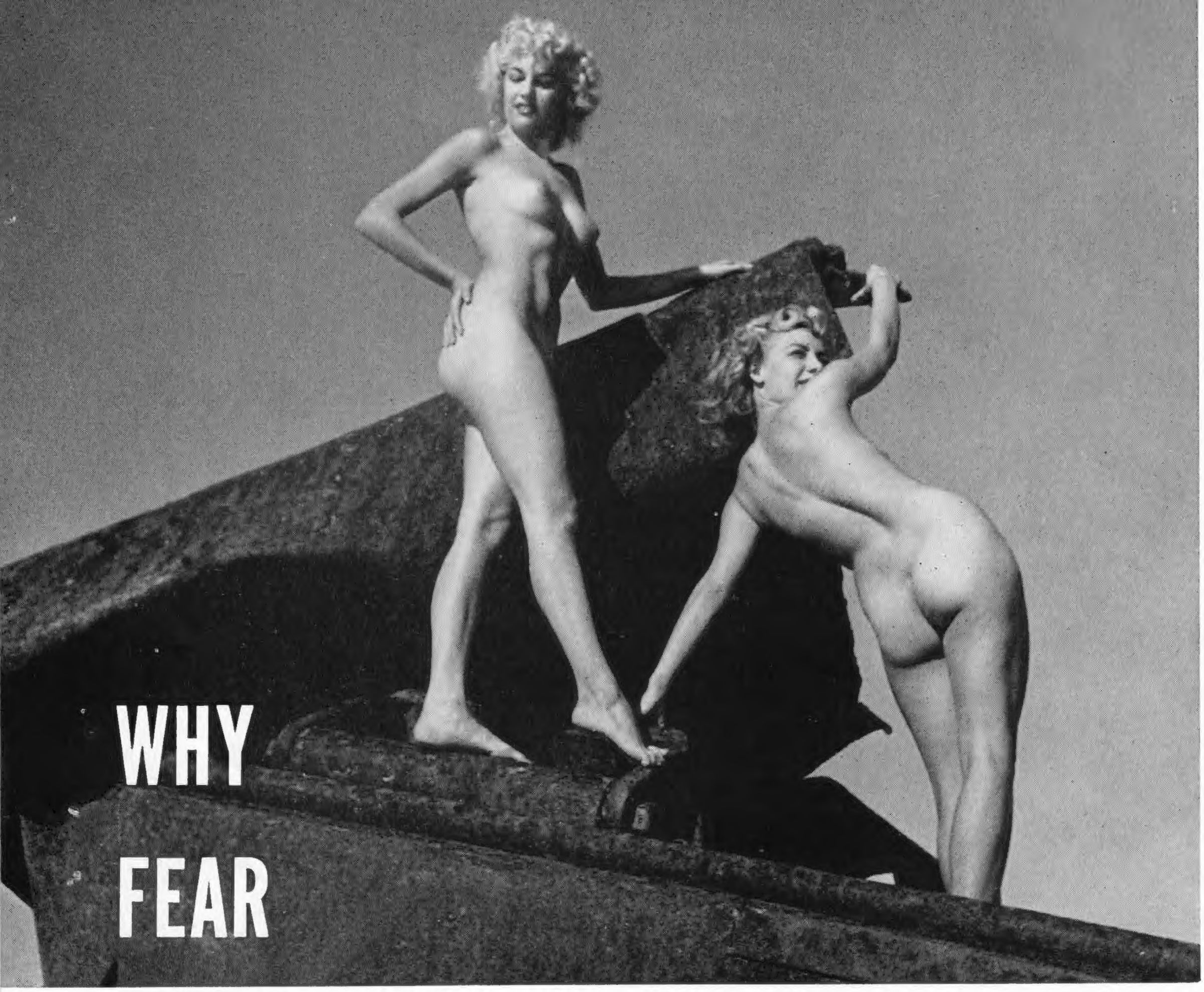


SIBERIAN NUDISTS continued

river Neva, or for the granular snow called névé?) are the domineering half of an otherwise normal family—that is, they own a pair of human beings called Audrey and Ray (see cuts).

Frost and Neve are immigrants from Mongolian Siberia where for generations their ancestors have been associated with transportation. The fur coats that Frost and Neve cling to in sunny California they inherited from parents who needed insulation against biting cold and protective coloration on the vast snow-covered steppes. Dark flashing eyes rimmed with long white lashes accent the frosty whiteness of their thick coats. Powerful loins and lithely muscled chests show they are bred for endurance and speed on the straightaway.

Frost and Neve take little interest in camp facilities. They pass up cots, chairs and sun lounges for comfortably-shaped holes in the dirt. Independent and calm-natured, they seem intent on reaching their life expectancy (20 years) without being disturbed by human events. Neve expects to have eight or nine children at a time, after she's *(continued on page 41)*



WHY FEAR FREUD?

Is there a Freudian explanation for why critics of nudism cannot accept nakedness, why they need always to link naked body to sex?

Genius who even today is deliberately maligned and misunderstood sought to dispel fear — not create it.

By ROBIN BLACK

"NOTHING HUMAN is alien to me," said Freud. So long as behavior is human, it can't be nasty. On such simple precepts as this, Sigmund Freud found a new world for anyone who wants to live in it. So long as we assume that our neighbor is spiteful and selfish, that Susie Jones is a "bad" girl, whole nations reflect our frame of mind—and we have cold wars and hot wars, armament races and race riots. Yet what man *really* wants is to love and to be loved.

To try to destroy one's fellow man is neurotic and consequently self-destructive. Those rabid critics who want to stamp out nudism fail to see they spike their own guns when they drag poor old Freud into the fray.

It is by no means the first time that this much misrepresented and misunderstood gentleman has been haled *(continued on page 39)*

Who rides on rumor risks spill, say English nudists who find golden island unchanged.

Author and his wife ask new friend to snap picture. They find nudists of all nationalities on rocks at Les Grottes.

LEVANT THREAT PROVES HOAX

By "TOR"

Sheltered in maquis are tidy clearings set up for housekeeping. Above and at right, Dawn models whole village wardrobe.

THE HULLABALOO about the Ile du Levant being closed to nudists threatened our holiday plans. Dawn, my wife, was heartbroken to think we'd have to give up our Mediterranean trip.

I decided to contact Mme. Durotin, our hostess on the island, to see if the rumors and "eye-witness" reports were true. Her reply was reassuring. She said our furnished room would be ready and waiting when we came and she knew nothing of any action by the French authorities that had created such a stir in the nudist press.

"O. K.," I replied, "Levant, here we come!" *(continued on page 38)*

German girl negotiates path near Rioufrede beach, now closed due to Navy's guided missile experiments.

TIME FOR SPRING-

CLEANING

By BAMFORD STANLEY

As all-round body cleanser, nothing compares with water applied externally and internally. Four to six glasses of water daily help eliminate waste, renew cells.

Summer is short. To get most out of it, be sure you're in top condition at the start.

IT IS MORE LOGICAL to spring-clean your body than your house. Not only do you clear out the dross of winter living, but you give your body its best chance to renew itself as it quickens to the stimulation of lengthening days, light and warmth. Three or four weeks of self-care now will insure a wonderful summer.

Your hair will respond to treatment more readily in spring than at any other time. Put yourself on a regime of a morning and nightly five-minute brushings and a weekly shampoo.

For the sake of your skin, take an ultraviolet sunbath every other day. This will clear out bacteria on the skin and in the blood. Rough toweling should follow nightly baths. If your skin is dry, work into it a lanolin cream at night. Without fail, *(continued on page 41)*

"I AM AS FREE...

...as nature first made man,

Ere the base laws of servitude began,

When wild in woods the noble savage ran."

By **JIM HADLEY**

Photographs by the author

JOHN DRYDEN'S 17th Century words fit modern nudists like a glove. Each year new nudist groups spring up—a tribute to man's love of freedom. One of these is Wildwood Lodge, established in 1954 near Memphis, Tenn., an area notably lacking in nudist facilities until this group organized.

The group started when Jim and Betty Lane visited Lake Como for the first time. They were so filled with enthusiasm for nudism that they immediately sought information on starting an ASA group in the Memphis area. They soon discovered that there were other interested couples in the

Club founders Betty and Jim Lane don't believe in working *all* the time! Badminton court is some distance in front of concrete-block clubhouse.

Wildwood men raise tank that holds 550 gallons, has four heads for outdoor showers. One member donated it.

Wildwood's picnic-style, potluck dinner is about to feature sliced home-grown tomatoes, above, and steaks grilled on Gordon's home-grown rig, below.

WILDWOOD LODGE continued

vicinity and one of these couples offered the temporary use of a farm for sunbathing.

About the same time, another couple, Bud and Bill Wiseman, began acting as voluntary leaders of a group at Memphis. The four eventually got together and pooled their efforts. Because Jim was going to college under the GI Bill, he turned over to Bud most of the organizing work.

Unable to use the farm for sunbathing in 1955, the group visited other clubs during the summer, among them the 40 Acre Club, the nearest to them, but still 350 miles from Memphis. They also held monthly dinner meetings at local restaurants to keep the group together. It was then that Gordon and Beulah Satterfield entered the picture.

Long-time nudists and members of the Ozarkansans, Gordon and Beulah have spent winters at Lake Como for years. When they heard of the group they decided to do what they could to help it get started. At the October meeting in 1955, Gordon and Bud decided the club had to have property before it could really get going. The search

In shade of tree on Wildwood's big lawn, "covered-dish" potluck-style dinners tickle curiosity as well as appetites.

started the following week and soon they located 66 acres near Forest City, Arkansas. Gordon purchased the property and is financing the improvements for the club, for which he will be paid back over a long-term period.

The first meeting on the property was March, 1956. It was a cold, windy day but the handful of members built a bonfire and began clearing the land. From that beginning, they cleared a four-acre tract. Around the edges they set out a variety of rose bush that will grow into a hedge five to six feet tall in three years. In the meantime, heavy sisal-craft paper nailed to fence posts serves as screening from the road.

Electricity was brought in from the REA line and a well and pump installed. Gordon had a contractor build a concrete block clubhouse and the members themselves built a swimming pool. All this was accomplished during the summer of 1956.

Until permanent showers are built, water hose pinch-hits. In mass of shade from large sweet gum tree, members are screened from outside by sisalcraft paper (background), to be replaced by roses in three years.

WILDWOOD LODGE continued

The club, a cooperative organization, is selling life memberships to obtain working capital. Life members are entitled to a cabin-site and automatically become trustees holding the assets of the group.

Wildwood will be a year-round nudist park. Gordon and Beulah are building a cabin with a big picture window overlooking the grounds where they intend to live all year. They hope to find another couple to cook meals and help look after the grounds. For winter sunbathing, the club plans a walled enclosure adjacent to the clubhouse so that even on cold days members can enjoy the sun.

A very friendly group of about 30 adults and 15 children, they make sure that visitors have a good time and feel at home. If you are in the vicinity, and wish to visit them, write Wildwood Lodge, Box 47, Caldwell, Ark.

My Album

OF TOTAL NUDISTS

By JUNE LANGE

Photographs by Ed Lange
unless otherwise credited

AMBASSADOR

ASA Trustee and WSA Director Sol Stern also plays championship volley ball. His wife Toby works too on various WSA, ASA committees.

Reid Schumacher

YOUNG MODERNS

Stan Sohler, dynamic new president of national association, typifies modern nudist. He and his family take active part in all phases of nudism, live at Lupin Lodge where he is co-director.

Martin Collier

To dub person "total nudist" is westerners' highest accolade. Tag is earned by person who is as willing to work as to play.

THE MAN AT THE microphone was Sol Stern. The scene: Sunny Rest Lodge, Palmerton, Pa., during the 1956 American Sunbathing Association convention last August. Nominations were in progress and Sol stood up to name a fellow-member of Lupin Lodge (Los Gatos, Calif.) for the office of president of the association.

"My candidate," he announced, "is the kind of man we of the west like to describe as a 'total nudist'. This sort of person is a nudist in every sense of the word, and takes full part in all the varied activities of life in our nudist parks.

"He can be found deliberating in the meetings and legislative councils, playing a skillful game of volley ball, or if the need arises, wielding a hammer to put up a new building at camp.

"Such a man is Stan Sohler . . ."

Western delegates to the ASA convention were proud when Stan Sohler was elected as the new President of

ROYAL AUDIENCE

Elton, left, and Margie, 1956 WSA king and queen, talk over television appearance. Earnest, sincere spokesmen, they play it "straight"—no tired gags.

ONE AMONG MANY

Diane joined Sundial Club, Los Angeles, with husband Joe, and both are active. List of western "total nudists" prompts question: What accounts for high-spirited activity in west? Length of season, favorable climate are helpful. Postwar period has seen tremendous growth in number of camps west of Mississippi; hence, members and clubs are all youthful, energetic.

FULL-TIME NUDISTS

Year-round nudists Ed, Connie, Diane and Dennis Daneau are known throughout U. S. Ed once managed New England camp. Diane and Dennis are active in Mighty Oaks, Oakdale's teen-age group. At right, Klatt family are Sequoians who live in nudist park. Sextet plays volley ball as team.

PAPER WORK

"Total nudists" may often be found at conference tables. Howard Pitt, Pacificans' guiding light, former WSA president, at work with Georgia Zehner, Swallows Club co-owner.

OLDTIMERS

Long-time nudists Dorothy and Gene are founders of Sanrobles, Oakland, Calif. Gene was ASA Trustee, Dorothy, WSA director.

Christopher Bernard

the Association. But as it happens, many of them also fit the description of "total" nudists, perhaps because many of the nudists of the west are that same, all-round sort.

Take the speaker who nominated Stan, for instance. Sol and his wife Toby are well-known to nudists all over the country as Lupin Lodge ambassadors. Though they have been nudists just a little more than two years they are active in all phases of nudist life.

Another pair of "total" nudists are King and Queen of the WSA. In 1956, to be king and queen of a nudist organization meant much more than wearing silly crowns and standing in front of the cameras for an hour or so.

Queen Margie and King Elton (of the Sundial Club, Los Angeles) learned that soon after their election by the judges at Oakdale Ranch. On Sunday morning they found their pictures smiling happily at the million readers of the metropolitan newspaper, the Los Angeles *Times*. Within a few days, they found themselves being interviewed on NBC network television. Elton and Margie are articulate young people, well qualified to represent the nudist movement.

The Klatt family of Hayward, California, is another good example of "total" nudism. Father Al Klatt serves western nudism as President of the WSA. He and his family are an integral part of the cooperatively-owned Sequoians, Inc.

BUSY BODIES

George and Bev head representative family of Oak Leaf Ranch, Wilton, Calif. Both are active on western regional committees.

FUN LOVERS

Parents of three boys, Wilma and Tinsley of Samagatuma, San Diego, are volley ball addicts. Papa serves as director of WSA and both are as willing to work as to play.

They all play volley ball (often as a family team), pitch in to help when there's work to be done and in general they are year-round nudists who live at their nudist park.

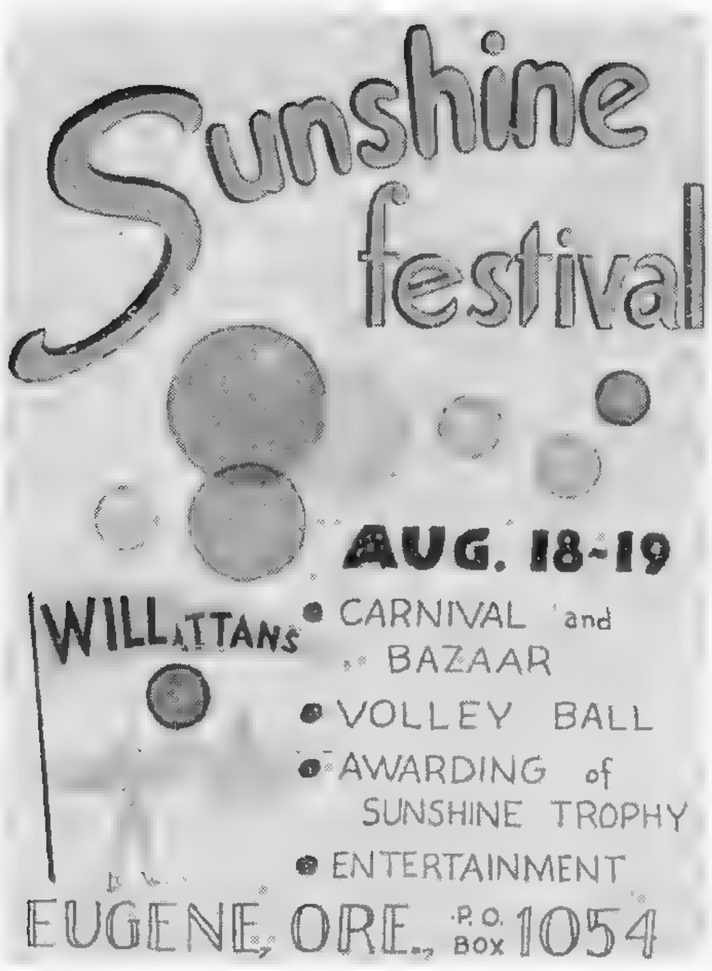
The Daneaus of Oakdale Ranch (San Bernardino, Calif.) are still another ideal nudist family, and they also live in a nudist camp all year round. Ed and Connie have appeared on television; Ed has become an accomplished speaker on the subject of nudism.

These people all have one thing in common. They are busy folks, and still they are the ones who can always be counted on to get the job done, whatever it may be. Active intelligent, athletic and busy—yet when something needs doing, they do it. Put on a fashion show, write new by-laws, run a meeting, teach volley ball, publish a club paper, design emblems, speak in public, organize a dance—whatever the chore, you can depend on a "total nudist" to do it.

ARE you a person who passes judgment without having all the facts? Most fair-minded people, if they can't get the facts any other way, investigate for themselves. This is a good system of learning the facts about nudism. No doubt you've heard a lot of opinions and conjectures on the subject—but do you know the whole story? Aren't some of the rumors a bit fantastic, perhaps too dramatic to be true?

One sure way of knowing is to investigate for yourself. We invite your investigation, for we know you will learn the truth. Having learned the truth you will become one of us. Write to the club nearest your home, or to:

American Sunbathing Association, Inc.
P. O. Box 38M
Mays Landing, N. J.



Willamettans seek

cure for "paleskin", malady that afflicts

areas that lack sunshine.

FESTIVAL

Sunshine Festival has no excuse for being except that it's fun. Willamettans welcome nudists from all over northwest.

FOR FUN

By GLORIA COOK

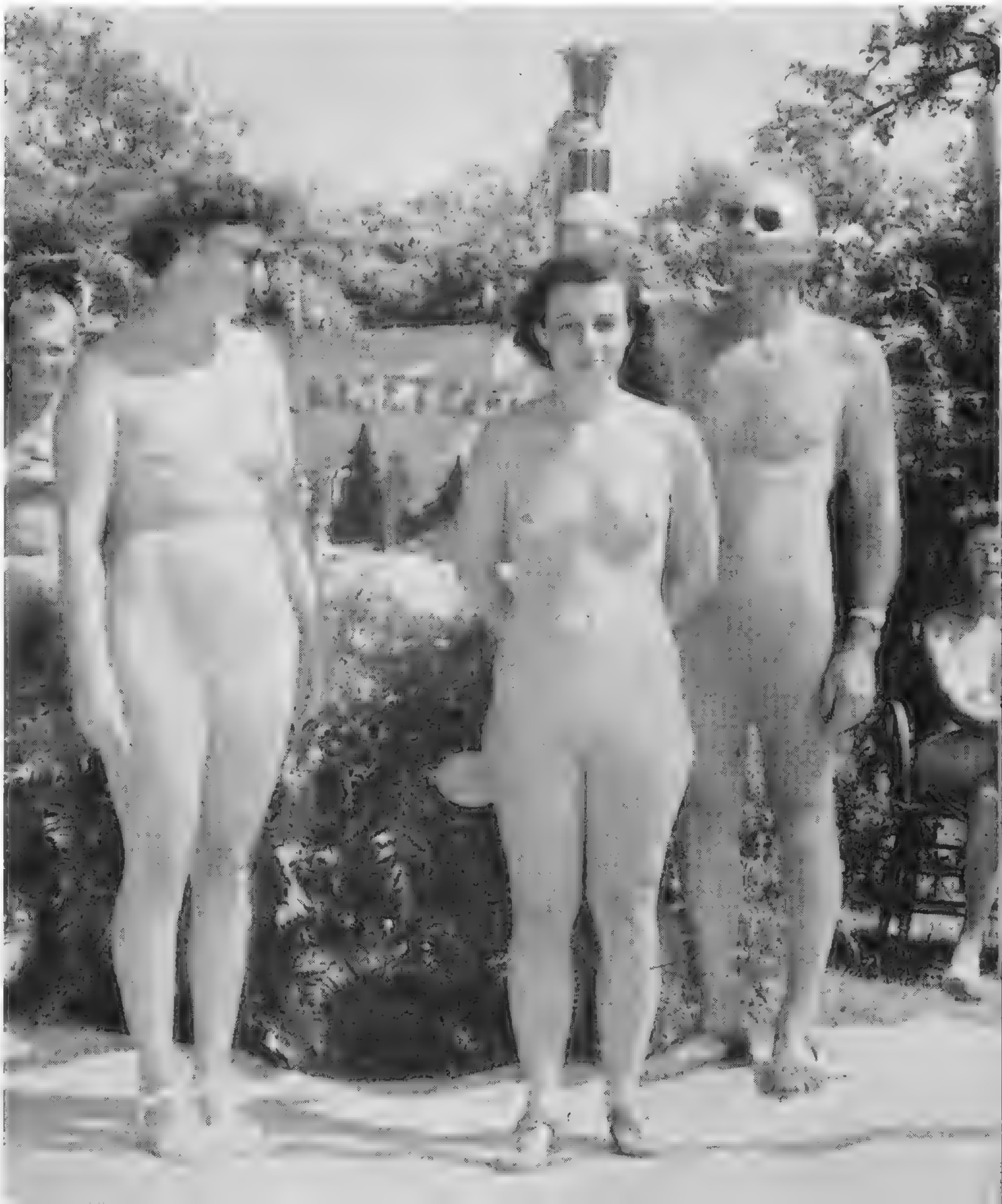
Illustrated by Norm Cook

Mountain Manor boasts egg crate divider ceiling and walls papered with road maps.

HOW COME YOU didn't go to the Willamettans' Sunshine Festival? These are some of the things you missed: (1) all the coffee you could drink, free; (2) a watermelon feed, free; (3) a wiener roast, free; and (4) a scrumptious potluck dinner topped off with excellent local talent entertainment.

The Sunshine Festival originated to induce Willamettans members to compete for the deepest and best tan. Located near Medford, Ore., the camp suffers a little from paleskin, a malady common in states that lack sun, of which Oregon is one. To get a good tan, an Oregonian has to work at it.

Sunshine Festival planners decided this should be an annual event and other nudist clubs would be invited to attend—not for business. but for fun. Trophies would be awarded for the best tans displayed by "Mr. Willamettan", "Miss Willamettan", and "Jr. Sunbeam", contestants under 13 years of age vying



Only Willamettans are eligible to compete in suntan contest because point of Festival is to inspire them to work at getting good tans.

Members make and donate articles to be sold at Festival bazaar, proceeds to go into fund for club improvement.

FESTIVAL continued

for the latter title. Later, a trophy for a teen-ager was added. Entrants have to be nominated by and be members of the Willamettans Club. Sports tournaments are part of the festivities, too, with the beautiful "traveling" trophy going to the winning volley ball team (Squaw Mountain Ranch, Portland, Ore., in 1956), while White Oak Lodge (Medford) took the badminton award.

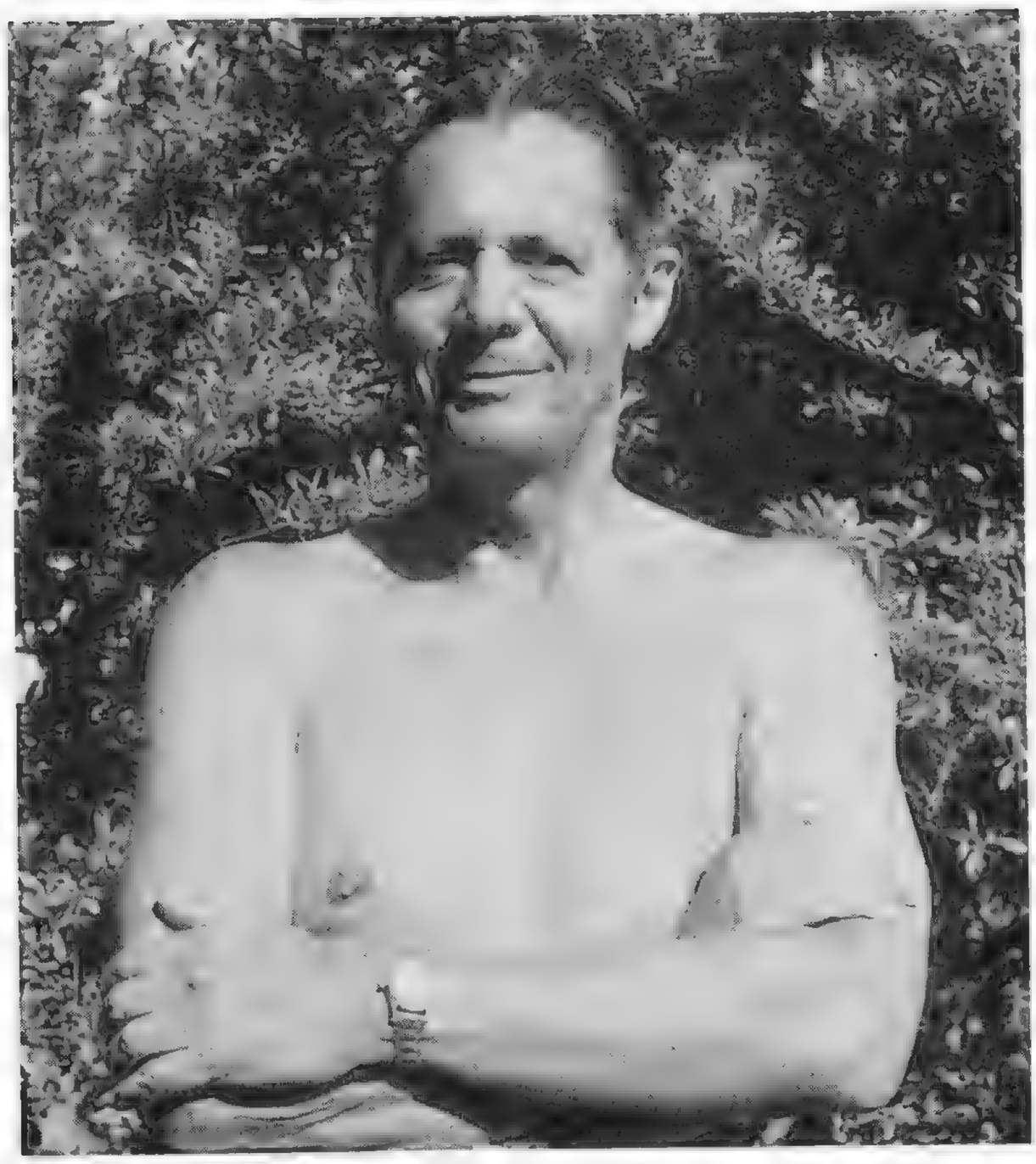
Over 100 guests were on hand for the doings, one feature being a bazaar where you could buy anything from a handmade guest towel to imported Australian knitting wool. Members donated prizes for the carnival events—a dart and balloon game for the children, bingo and wheel of fortune games for adults and children. All of the proceeds go to the Willamettans' club funds.

Each year something new is added to the Festival. Last year it was the teen-age trophy, this year a snack bar and the Willamettans' new song to the tune of "Let the Sunshine In". Next year, will it be you?

Among not-to-be-forgotten highlights of Festival are campfire-roasted wieners, watermelon feed, free coffee.

NUDIST WHO'S WHO No. 48

YOU CAN ALWAYS TELL A HARVARD MAN



Calm, unhustled, scholarly Edmund Kiernan really enjoys life. His hobbies range from nudism, tennis to first editions collector.

By JAYNE BERNARD
Photo by Reid Schumacher

EDMUND KIERNAN of Dana Point, California, is best known to the non-nudist world as the author of an engaging novel entitled "God's Hitchhiker". To the nation's nudists and especially in the west Edmund Kiernan has been known as a faithful nudist worker for two decades.

"God's Hitchhiker" was Edmund's first novel. His recently completed term as vice-president of the American Sunbathing Association was not the first office he has held. In fact, his duties within the nudist movement read like an academic Who's Who.

The old saw, "you can always tell a Harvard man but you can't tell him much", applies in Edmund's case to academic subjects only. As a nudist official Edmund has patiently listened to a good deal of "telling".

He entered nudism in 1937 at Olympic Fields (now McConville, Elsinore, Calif.). In 1939 Edmund attended his first nudist convention at Louis Clarke's Sunny Terraces at Soquel, Calif. He served on the Western Sunbathing Association Board of Trustees for a year prior to his election in 1954 to the post of WSA Secretary-Treasurer, a position from which he stepped down in July, 1956. In the summer of 1955 he was elected by the WSA delegates to the important post of national vice-president. In addition to these key posts in regional and national affairs, Edmund has given untold hours of his time to unheralded committee work both within the regional association and for his local club.

Edmund is as familiar as anyone with the local, regional, and national nudist picture—a fact that has often meant that his family has had, at times, less of a picture of Edmund than it might otherwise have had. Yet through all these full-time nudist activities, the Kiernan family has managed to fit in a calendar of regular visits to their comfortable cabin on the spacious grounds of California's Olympic Fields.

The Kiernan's have four children of whom Pete, 1954 WSA King, is perhaps the best known. Sheila, age 12, and Ray, aged nine, the two youngest of the family, have been nudists since birth and have benefited accordingly. Sheila is an expert swimmer *(continued on page 41)*

News Briefs

ESA midwinter conference came off as scheduled in first week of February at Lake Como Club. This camp's moss-hung, jungle-like woods, its citrus groves, private 35-acre lake and luxurious living accommodations earn extravagant praise from all.

In April northern nudists begin to see spring's pale light gleaming through leaden skies, but all winter long weather is warm enough to bask in Florida sun on Lake Como Club's dock.

WALTER BIBO of Excelsior Pictures Corporation, producer of the movie "Garden of Eden" that was filmed at a luxurious Florida nudist camp, won his fight against the New York Board of Regents. The court ordered the Board to grant Bibo a license to show the film in New York state.

The Board has 30 days in which to issue the license or appeal the decision to the New York Supreme Court. Such an appeal is unlikely since it would involve a decision on the constitutionality of the law. It would mean that if Bibo's victory were upheld, the New York Board of Censors would automatically fall apart. It has continued in spite of past decisions against its practices, but any censor lives a precarious existence in a free world.

THE STATE OF Ohio is beating its spindly chest, claiming that its law forbidding the practice of nudism was "in effect", upheld last fall by the U. S. Supreme Court. The high tribunal refused to review an Ohio Supreme Court decision upholding Secretary of State Ted W. Brown in his rejection of an applica-

Spring brings thoughts of up-coming conventions and new gimmicks to entertain delegates. Last year WSA king and queen won sports car ride through Oakdale.

Audrey is early spring visitor to Oakdale, open all year round.

News Briefs continued

Visitors say new French sun club in Gorges de l'Ardeche is so beautiful and so ideal for nudist living that it's well worth difficult journey down 800 feet of steep cliff to get there.

Islanders on Florida Keys conduct business as usual. Biology class, right, investigate swirl and popping noise, probably just gas on nature's stomach. Sometimes they catch hermit crabs fighting for a new shell or horseshoe crabs necking in broad daylight.

tion for a non-profit corporation charter for "National Nudist Council, Inc."

Edith G. Church of Maumee, Ralph S. Brown of Toledo and Alois S. Knapp of Roselawn, Ind., sought to form the corporation in Ohio. In rejecting their application, Brown cited the state law that forbids the practice of nudism. The nudists appealed to the Ohio Supreme Court, then the U. S. Supreme Court, contending they had been denied the rights of freedom of speech, press and assembly guaranteed by the U. S. Constitution. The high court apparently did not agree and dismissed the appeal on the grounds that no substantial federal question was involved.

THE FIFTH ANNUAL Eastern Sunbathing Association Mid-winter Conference came off as scheduled February 1, 2, and 3 at Lake Como Club, Tampa, Fla., timed to coincide with the famous Gasparilla pirate festivities and south Florida fair.

Como's moss-hung jungle-like woods, its citrus groves and private 35-acre lake earn extravagant acclaim from visitors. Its spacious recreation building is equipped with television, table tennis, indoor theater, and amplifiers for music and dancing. The club has extensive lodging facilities—from dormitory to private rooms with foam rubber mattresses and ceramic tile baths—and a modern dining room that can accommodate up to 150 persons at one time.

(continued on page 42)

GETTING PERSONAL

The art of Biography
Is different from Geography.
Geography is about maps
But Biography is about chaps.

Edmund Clerihew Bentley

Setting up types facilitates study of human race but each of us is distinct individual.

By FREDERICK A. GEIB

As we come closer to finding out what type of person the nudist is sociology resembles biography on a grander, "plural" scale. In a previous chapter the passive nature of the present membership appeared. It seems likely that the character of the newer members results from ideological shifts taking place within the movement, and that the type of member now being recruited differs from those originally drawn to the movement. This chapter gets down to considering nudists as individuals.—Ed.

NUDISM IS comparatively young; yet a high rate of social change during its life may have resulted in differences among the oldest members and the youngest.

At the lower end of the tenure range are those who have been nudists less than five years. These fledgling recruits have been termed "Neophytes". This group numbers 35 and comprises 52 percent of the total membership of Camp "X".

At the other end of the tenure range are those who have been nudists for ten years or more. This group has been labeled the "Converts". According to Hoffer, these are individuals not interested in self-advancement who join a movement during its mission stage. The Converts total 15 members and represent 22.5 percent of the members.

The inclusion of those in the Convert group who entered the movement in 1943-44 is permissible since in the brief history of nudism given in Chapter II, it can be seen that no marked changes in nudist ideology occurred until after

World War II. The first dozen years of nudism were the pioneer years and the original quality of the movement remained until the 1940's. Nudist literature reveals a dormant period during the war, and not until the end of the war did any significant change take place within the movement. On this basis, the Convert group includes those who had been members for ten years as well as those who had been members for 15 and 20 years.

After defining the groups at the extremes of tenure, the Neophytes and Converts, we have a residual group that has been termed "Sympathizers". Hoffer describes the Sympathizers as those who gain pride, confidence, and purpose from a movement. Logically, such persons are drawn when the "movement begins to attract people who are interested in their individual careers. This is a sign that the movement has passed the vigorous stage, that it is no longer engaged in molding a new world". This middle group, the Sympathizers, totals 17 members representing the remaining 25.5 percent of the total membership.

It seems likely that the Convert, being the oldest member in tenure and therefore having joined the movement during its crusade period, will have a stronger degree of dedication and involvement than either of the other two groups.

Two of the characteristics of membership that were discussed in the previous chapter will be re-examined here in terms of the three membership types. This will be done to validate the suggestion that differences in tenure result from what may be termed the "joining generation". In other words, those who joined the movement at one stage in its career are most in sympathy with the ideology manifested by the movement at that time and are not the same type of people who are drawn to the movement at a later stage after the ideology has shifted.

Nativity. The Converts are all native-born Americans. Among the Sympathizers 11.8 percent are foreign-born and of the Neophytes 17 percent are foreign-born. (See Table 1.)

Two explanations of this variation are possible. One is the increasing scope and extent of the propaganda of the movement. The other is the fact that immigrants to America during nudism's infancy were of a lower educational level than are the refugees who have come to America more recently. However, nudism itself was imported from abroad and first begun in this country by immigrants. Possibly the transplanted ideology shifted to such an extent that the immigrant was not prone to accept nudism when it was couched in American terms and values.

In addition, with respect to the three types of members, there is a larger percentage of native-born parents among the parents of the Converts (69 percent) than among either of the other types: 62 percent for the Sympathizers and 53 percent for the Neophytes. (See Table 2.)

Therefore, there is a high percentage of foreign-born parents (with respect to immigration to this country) in all three member types. Possibly the nudist ideology at the time the Convert joined attracted persons seeking not only American-orientated values, but *(continued on page 39)*

TABLE 1—TYPE OF MEMBER ACCORDING TO NATIVITY

Nativity	Type of Member		
	Converts	Sympathizers	Neophytes
Native Born	15	15	29
Foreign Born	0	2	6

TABLE 2—TYPE OF MEMBER ACCORDING TO NATIVITY OF PARENTS

Nativity of Parents	Type of Member		
	Converts	Sympathizers	Neophytes
Native Born	23	21	37
Foreign Born	7	13	27

TABLE 3—TYPE OF MEMBER ACCORDING TO COLLEGE EDUCATION

Education	Type of Member		
	Converts	Sympathizers	Neophytes
Completed college	5	5	8
Did not complete college	10	12	27

TABLE 4—TYPE OF MEMBER ACCORDING TO FIRST EXPERIENCE IN NUDISM

Type of First Experience	Type of Member		
	Converts	Sympathizers	Neophytes
Formal Experience	7	16	28
Informal Experience	8	1	5

TABLE 5—TYPE OF MEMBER ACCORDING TO TYPE OF PARTICIPATION AT CAMP

Type of Participation	Type of Member		
	Converts	Sympathizers	Neophytes
Active	11	11	17
Inactive	4	6	18

TABLE 6—TYPE OF MEMBER ACCORDING TO CONVENTION ATTENDANCE

Convention Attendance	Type of Member		
	Converts	Sympathizers	Neophytes
Attended convention	7	7	5
Did not attend convention	8	10	30

TABLE 7—TYPE OF MEMBER ACCORDING TO NUDIST RELATIVES

Nudist Relatives	Type of Member		
	Converts	Sympathizers	Neophytes
Have nudist relatives	5	3	1
Do not have nudist relatives	10	14	34

TABLE 8—TYPE OF MEMBER ACCORDING TO RECOGNITION OF NUDIST ORGANIZATIONS

Recognition of Nudist Organizations	Type of Member		
	Converts	Sympathizers	Neophytes
Recognized all nudist organizations	3	0	2
Did not recognize all nudist organizations	12	17	33

TABLE 9—TYPE OF MEMBER ACCORDING TO RECOGNITION OF CORE GROUP

Recognition of Core Group Leaders	Type of Member		
	Converts	Sympathizers	Neophytes
Recognized all core group leaders	8	7	7
Did not recognize all core group leaders	7	10	28

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Apachatans Sunbathing & Health, Inc., P.O. Box 5273, Phoenix
Sun Seekers, P.O. Box 884, Tucson

CALIFORNIA
Sierratans, Box 16, Bishop
Pacificans, P.O. Box 375, Burbank
The Swallows Club, R2, Box 820, El Cajon
Sequoians, Inc., 2000 Cull Canyon Rd., Hayward
Olympians, Box 21, Laguna Beach
Air-A-Tans, Box 26213, Los Angeles 26
Sundial Club, P.O. Box 26002, Los Angeles 26
Sanrobles, Inc., 375 51st St., Oakland 9
Lupin Lodge, Box 487, Redwood City
Bel-Air Club, P.O. Box 94, Rialto
Oakdale Ranch, Rt. 1, Box 361, San Bernardino
Olive Dell Club, P.O. Box 794, San Bernardino
Samagatuma Club, P.O. Box 4011, N. Park Sta., San Diego 4
Oak Leaf Ranch, Rt. 1, Box 48, Wilton

COLORADO
Colorado Sunshine Club, c/o Garrison, 1631 Glenarm Pl., Denver
492 Denver and vic.

CONNECTICUT
Solair Recreation League, Box 167, Putnam

FLORIDA
Floritans, Box 1922, Del Ray Beach
Sunny Palms Lodge, Rt. 1, Box 37, Homestead
The Islanders, P.O. Box 263, Key West
Lake Como, Box 2396, Tampa
518 Jacksonville Area

GEORGIA
Sunair Health Club, Box 475, Augusta
Dogwood Acres, P.O. Box 594, Macon

IDAHO
Paradise Valley, P.O. Box 422, Boise

ILLINOIS
Wood-Land Park, Rt. 1, Box 77C, Geneseo
481 Beardstown and vic.
522 Northeastern Illinois

INDIANA
Sunny Haven Recreation Park, 11419 Anderson Rd., Granger
Fern Hills Club, P.O. Box 5553, Indianapolis

KANSAS
Sycamore Hollow Club, P.O. Box 42, Lawrence
Sandy Lane Club, P.O. Box 70, Newton

KENTUCKY
Ken-Clnn Club, P.O. Box 41, Covington

LOUISIANA
Three Lakes Club, P. O. Box 13092, New Orleans 25

MAINE
Hilltop Farm Sun Club, Cotton Rd., R.F.D. 1, Gray

MARYLAND
Pine Tree Associates, R. 1, Box 299, Annapolis
Pen-Mar Club, Box 452, Cumberland

MASSACHUSETTS
Birch Acres, Box 7, Hancock
Sandy Terraces Associates, Box 835, Hyannis
Solair Recreation League, Box 167, Putnam, Conn.

MICHIGAN
Central Mich. Sunbathing Club 507, P.O. Box 892, Battle Creek
Sunshine Gardens Resort, R. 4, Box 921, Battle Creek
Detroitans, Inc., P. O. Box 5908, 31st St. Sta., Detroit 31

MINNESOTA
Oakwood Club, Box 45, Edina Sta., Minneapolis
Lynnwood Club, P.O. Box 3383, St. Paul

MISSOURI
Forty Acres Club, Lonedell

MONTANA
508 Billings area
509 Missoula area

NEW HAMPSHIRE
Cedar Waters, P.O. Box 2105, Rochester

NEW JERSEY
Camp Goodland, Hackettstown
Pine Forest, Mays Landing
American Gymnosophical Assoc., Box 112, Newfoundland
Pine Vale Park, R. 1, Box 393, Newton
Sunny Heights Lodge, Box 174, Clarksburg

NEW MEXICO
519 Carlsbad area

NEW YORK
Birch Acres, Box 7, Hancock, Mass. (Schenectady, Albany area)
Nypenns, c/o P.O. Box 38M, Mays Landing, N. J. (Southern N. Y., Northern Pa.)
501 Rochester and vic.

OHIO
Buckeye Health Society, P.O. Box 84, Millersburg
Green Valley Outing Club, Inc., c/o Box 38M, Mays Landing, N. J. (Camp near Cleveland)
Alpine Lodge, P. O. Box 443, Wooster
248 Lima area
465 Newark, Licking and Fairfield Cos.
499 Southwestern Ohio
521 Northwestern Ohio

OREGON
Restful Haven, Box 1147, Portland
Willamettans, Inc., P.O. Box 1054, Eugene
Siskiyou Fraternity, Box 1241, Medford
White Oak Lodge, Box 1085, Medford
Pioneer Trail Associates, Box 452, Pendleton
Squaw Mountain Ranch, Box 924, Portland
489 Roseburg area
523 Salem area, Marion, Polk, Yamhill and Linn Cos.

PENNSYLVANIA
Halcyon Outdoor Club, R D 1, Evans City
Penn-Sylvan Health Club, R. 1, Box 82, Mohnton
Sunny Rest Lodge, Route 1, Palmerton
Pen-mar Club, Box 452, Cumberland, Md.

TENNESSEE
502 Memphis and W. Tennessee

TEXAS
Southwest Sunshine Club, P. O. Box 3144, Sta. A, El Paso
Sanantans, Box 7231, Hackberry Sta., San Antonio
486 Southern Texas
519 Pecos area

VERMONT
506 St. Albans area

VIRGINIA
Bucks-Kin Lodge, Box 383, Winchester
525 Norfolk, Portsmouth and vic.

WASHINGTON
Sunny Trails Club, Box 33, Bellingham
Forest Murmers, R. 1, Box 518, Port Orchard
Fraternity Snoqualmie, Box 940, Seattle
Sunway Society, Box 5003, Sta. C., Spokane
Cobblestone Suntanners, Rt. 1, Box 117, Yelm

WISCONSIN
Valley View Sunseekers, R. 1, Cambridge
Sleepy Hollow Ranch, 826 W. Center St., Milwaukee
488 Central Wisconsin

—0—

ALASKA
512 D. Hartley, Box 575, Mountain View

CANADA
Border Tan Club, Box 242, Langley Prairie, B. C.
Sunny Trails, Box 806, Vancouver, B. C.
Van Tan Club, Box 423, Vancouver, B. C.
Sol-Sante Club, Box 1251, Victoria, B. C.
Maritans, Box 50, Bristol, N. B.
London Sun Club, Box 11, Dorchester, Ont.
Niagara Gymnosophical Society, R.R. 3, Fenwick, Ont.
Norhaven, 324 Highland Rd., North Bay, Ont.
Toronto Gymnosophical Society, P.O. Box 533, Adelaide St., Toronto, Ont.
502 Alberni, B. C.
505 Montreal, P. Q.
514 Kingston-Petersborough area, Ont.
524 Eastern Ont. and Southwestern Que.
526 Edmonton Dist., Alta.

INDIA
497 Ceylon

MEXICO
470 Mexico City

LEVANT HOAX

(continued from page 11)

The trip from Paris to Toulon was hot and tiresome, and we envied those who could afford a sleeper. But our fare was very reasonable—£15.10.0 each (about $43.50) for the round trip from Victoria Station in London to Le Lavandou, the French port where we would board one of the small motor vessels that ply between the Iles d'Or and the mainland. The 40-minute trip over the rolling waters ended our exhausting 24-hour journey and both Dawn and I were feeling slightly green. But as we came alongside the jetty at l'Ayguade, we perked up. There was Mme. Durotin, her sunny smile matching the warmth of her greeting.

Hot and dusty after trudging up the steep, winding track from the harbor to her villa, we were grateful to enter the cool shuttered room that was to be ours for the next two weeks. A table, chairs, bed and in one corner a sink and a small butane-gas cooker furnished the room. Fitted shelves under the windows held cutlery and dishes, and a screened recess provided more space than we needed to hang our clothes. What a pleasure it was to discard them!

Mme. Durotin knocked and came in. "I thought you'd like some tea," she said, placing a laden tray on the table. What an understatement! Afterwards we stretched out and slept. It was after two in the afternoon when we awakened, and Dawn was anxious to be on the move.

"Let's try to find Les Grottes," she suggested. Donning le minimum, we set off. We pushed through the steaming maquis, startling little rock lizards who scuttled hastily out of the way. The perfume of the mixed vegetation tantalized our nostrils—a strange, lovely blend of eucalyptus, mimosa and the arbouse thickets that cover a large part of the island.

"Whew! We've made it," I gasped, as we came out on the pine-wooded plateau overlooking Les Grottes. From the curving strip of sand bounded by rock formations, cheerful, noisy greetings wafted up to us.

Men, women, girls and boys of many nationalities basked in the glittering sunshine or frolicked in the unbelievably-blue Mediterranean. They were just like other holiday-makers—but oh, how much more fun without the restriction of clothing!

We sunned and swam and finally on the advice of some of our new friends we took a different route back to Heliopolis, this time on a path fringing the coastline. At every bend and turn we came upon tents pitched in the undergrowth. Young German couples seemed to predominate although there were many French and other nationalities as well. How brown most of them were! And their camp sites looked so neat and tidy, their equipment so good,

we envied them their open-air life.

Arriving back at the villa, we decided to splurge and dine in style at one of the local restaurants. We chose *Le Pomme d'Adam*, a white stucco building on l'Ayguade road. Inside it was charming, exotic and different —fish nets draped carelessly across the walls with a piece of seaweed and starfish tangled here and there, and huge colorful candles in bottles. It seemed terribly romantic and Continental to us innocents abroad.

After a superb meal, we strolled slowly back to our room. The stars seemed brighter and the night darker in this island Eden. Soon to bed by candle light, I remember Dawn saying, "Imagine, we're really here on the Ile du Levant."

Yes, we were. The first day was wonderful and I was yet to experience the delight of swimming with a mask and snorkel and seeing the beautiful marine life that abounds in the translucent waters . . . and we were to make some wonderful friendships. Best of all, we could return to England and tell our friends what it's *really* like on the Ile du Levant.

FEAR FREUD?

(continued from page 8)

into the arena in support of this or that, or in opposition to this or that. Time and again the strange behavior of a crank who tears off his clothes and galumphs around naked has been explained in Freudian terms. Nudists' behavior, our critics say, is due to repressions, inhibitions, complexes, the Father's unnatural sex life, something rather nasty Mother saw before Jimmy was born, or the night Aunt Letty came in drunk and bumped our crib. We've all heard these pseudo-Freudian criticisms of nudism. Nothing like the truth and everything but the truth.

Some of the experts turn their guns on us "reactionaries" who won't accept as nudists every naked chit who cavorts before a nightclub audience. The good Doctor Freud, they tell us, would explain that we are not really happy about nudism and we have lingering doubts. We feel guilty and therefore lean over backward to be conventional in other ways, especially when sex rears its far-from-ugly head.

Another pseudo-Freudian tells me that we nudists are victims of war. The 1941 to 1945 hassle and Korea no doubt had deplorable effects on us, but what surprises me is to be told that this has led to a burning desire to get away from it all by founding nudist clubs where we can shut ourselves off and exclude everyone but a clique composed of persons who share our escape mania. And surely we do all manner of terrible things in our hidey-holes.

I wonder what Freud would have to say about this. If I may be permitted to do the same thing I've criticized others for, I see in these attacks on nudism great evidence of obsession with sex. The acceptance of stage nudity as a step forward for nudism, for example, cannot be foisted off on me. Another thing our critics do is betray they cannot accept nakedness as natural; they link the naked body with sex. Yes, I think Sigmund Freud would have been able to conjure up a pretty little picture of dire deeds in forgotten woodsheds to account for this strange inversion.

For my part, I have no guilty feelings about being a nudist. I do not even hold strong personal opinions about generally accepted sexual customs in this country or any other. The truth of the matter is that people in the nudist movement are ordinary folks who are not preoccupied with Sex Freedom or lack of it. And it is for that reason we have nothing to fear from Freud. The old man would have loved us.

GETTING PERSONAL

(continued from page 37)

also participation in a cause dedicated to an ideal. At the time the Sympathizers and Neophytes were drawn to the movement, ideological shifts removed the demand for dedication on the part of the membership. Recreational and associational values were appearing in the movement, offering an opportunity for an uninvolved attachment (where dedication was not required) for the marginal individual who otherwise may have lacked cohesive ties to society. These individuals were willing to become part of a cause, but were not so apt to crusade as were the Converts.

Education. As Table 3 shows, the Converts have the highest educational back-

Visitors to Ile du Levant need wear le minimum only in village.

ground in terms of years of schooling. This group averages 14 years of formal education, or the equivalent of two years of college. The Sympathizers average 12 years, or the equivalent of a high school education. The Neophytes average 13 years, or the equivalent of one year of college. It has already been mentioned that the reading habits of the better-educated would serve to increase the probability that they would become acquainted with the movement. During the early years, propaganda was

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spread through a few books rather than through the plethora of publications which exist today. This suggests that the educational level served a more important function in acquainting the Convert with the movement than it does the Neophyte.

It has already been shown that the membership by and large was recruited into the movement through secondary sources. This is characteristic of all three types of members.

First Experience. When one examines the available data about first experiences in nudism for types of members, a distinct difference is noted between the Converts and the two other types. (See Table 4.) Of the Converts 53 percent had their first nudist experience in an informal situation (sunbathing or swimming with a few friends). In addition, none of the Converts joined the movement before having some experience in nudism either informal or formal (visit to an established club). Among the Sympathizers 23 percent actually joined a club before having a nudist experience, and among the Neophytes, 52 percent joined under the same condition.

The fact that more than 50 percent of the Converts had an informal first experience may indicate a definite interest and motivation toward nudism. The Convert entered nudism with knowledge of the movement. He did not join to experience it. His membership, therefore, was more likely to be because he believed in the movement. This may also be reflected in the fact that the Convert did not join without previous experience. He perhaps is the individual who joined after he experienced and was converted to nudism. This does not apply to a marked degree for the two other member typologies, possibly indicating that these people joined before they practiced or were integrated to the ideology.

In addition, a relatively uniform way to enter the movement has evolved since the beginning stages. This uniformity seems to dictate that the individual has his first experience in a formal club situation. In contrast with the first years of the movement, there is now a wider distribution of clubs, as well as a greater number in which to seek the experience.

Camp Attendance. In the previous chapter the membership was divided into active and inactive categories on the basis of visits to camp each year. Re-examination of the data in terms of the membership type shows that among the Converts 73 percent are classifiable as active; among the Sympathizers, 65 percent, and among the Neophytes, only 49 percent qualify as active. (See Table 5.) If camp attendance can be used as one of the indexes of dedication and involvement the data reveal a greater degree of dedication and involvement on the part of the Converts than of either the Sympathizers or Neophytes.

Convention Attendance. The matter of convention attendance, at first glance, would appear to be largely a function of tenure. However, since the dates of the conventions were asked, it was shown that all who had attended conventions had done so within the last four years. Therefore, tenure could not be the determining factor except for those who had been nudists less than four years.

Again, if the matter of convention attendance may serve as an index of dedication and involvement, the Converts are more pronounced in this respect also. In terms of the number of conventions attended, the Converts have a higher attendance record than either the Sympathizers or Neophytes. (See Table 6.)

Proselytism. Another measure of a member's dedication and involvement is the attempt he makes to recruit new members to the movement. Due to their longer tenure, it is logical that more Converts have attempted recruitment, contacted more persons and converted more persons than the other types of members. It has been shown that the membership as a whole is not particularly active in recruitment because of the inhibiting factors in personal discussion with prospective members. In the matter of recruitment, Converts do not differ markedly from the rest of the membership. Nevertheless, data was obtained concerning each member's attempts at recruitment. Converts directed their efforts toward primary associates (relatives), while the other members focused principally on less intimate associates (friends). (See Table 7.)

The members of Camp "X" have a total of 17 relatives who are nudists. Nine, or more than 50 percent of these, are relatives of Converts. Eight of these relatives of Converts became nudists after the Convert, while one joined with the Convert.

Attempts at proselytism may be a reflection of greater interest and integration on the part of the Convert insofar as they run counter to a consistent trend found throughout the movement—an impersonal, formal approach to recruitment.

Membership Recognition. In terms of recognition of membership in nudist organizations, the Converts, due to longer tenure, belonged to more organizations and therefore had a greater opportunity for error in identifying all organizations to which they had belonged since becoming nudists. Nevertheless, 20 percent of the Converts named all nudist organizations. No Sympathizers named all nudist organizations, and only 6 percent of the Neophytes named all nudist organizations. Similarly, while 47 percent of the Converts failed to name any nudist organizations, 67 percent of each of the other two types failed in this respect. Using these as a crude index of the members' ties to the core group, the greater integration of the Converts to the movement is again pointed out. (See Table 8.)

Core Group Recognition. In all criteria used previously to establish the recognition of the core group by the membership, the

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Many European nudists now lay claim to ocean beaches for nude swimming.

Converts have a greater degree of recognition. With respect to the core group leaders, as two were elected just before the questionnaire was circulated, recognition is not solely a function of tenure. Yet, with respect to all three core group leaders, a higher percentage of Converts named them correctly than did Sympathizers or Neophytes.

HARVARD MAN

(continued from page 31)

and student, who takes an active role in Girl Scouting. Ray is excellent at games and is in all respects a typical American boy, complete with faithful dog and dislike of books. Roberta, Edmund's wife, has served as WSA board member.

As a student of comparative religions and with hobbies ranging from tennis to first editions collector Edmund has managed to maintain a variety of outside interests in addition to nudism. His book-lined study sits amid towering trees high on a palisades overlooking the green-blue waters of the Pacific. Any time of day, a chance caller is apt to find Edmund in the garden reading at his weathered redwood table, or in the shade of a picturesque arbor.

Both by temperament and by environment, Edmund Kiernan is a calm individual whose unhustled ways are refreshing in a world bent on heedlessly speeding up its own social tempo. The patience that he has found at the root of the universe has rubbed off on Edmund himself. And the affairs of mankind are always conducted better under calm auspices.

SIBERIAN NUDISTS

(continued from page 6)

married, so she can hardly be blamed for resting up for the event while there's still time.

The only display of emotion that occurred during our "interview" happened when another furry nudist ambled past the pair's private tree. Frost and Neve made it abruptly clear that the tree was plainly marked: "For Samoyed nudists only, NOT for collies!"

In spite of their indifference to camp facilities, events and entertainment, Neve and Frost approve of Oakdale. Every Saturday morning finds them waiting in the station wagon for chauffeur Ray and housekeeper Audrey to take them to camp. They travel light—asking nothing more than collar and leash and a corner of the portable refrigerator stocked with meat, cheese and eggs. No oiling, showering, sunning or scrubbing to keep the epidermis in nudist style—just a brisk round with brush and comb. Water is foreign to them. Daily brushing keeps them socially acceptable—lovable, in fact. On arrival at camp, their first move is to take a brisk walk along the sandy roads to limber city-cramped muscles.

Speaking of asking for things, if you're looking for companionship, may I suggest someone like Neve? She already has a fur coat (quite an item on the budget these days) and just a few pennies will buy a lot of eggs and Ken-L ration! They say you can't buy love, but you get something pretty close to it when you buy a Samoyed.

Spring-cleaning clears out dross of winter living, gives your body its best chance to renew itself in quickening sun of longer days.

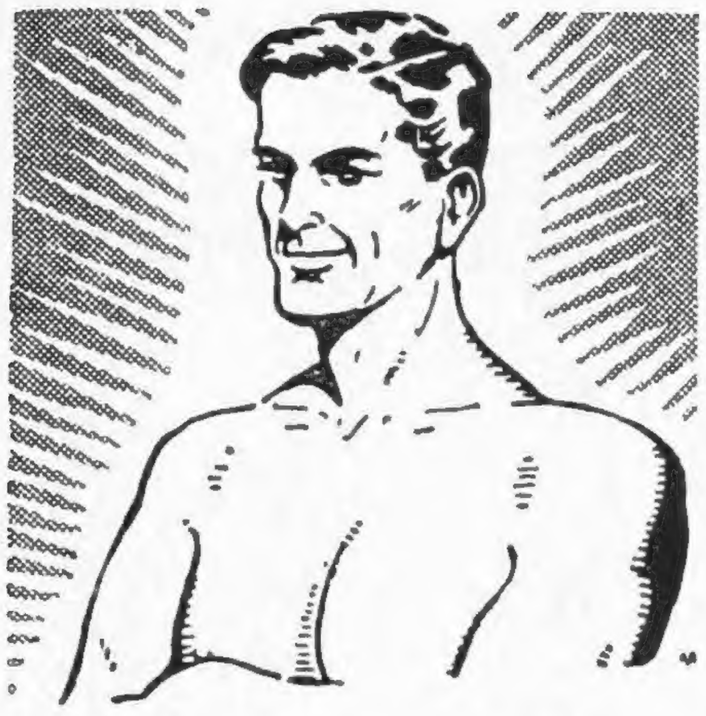
SPRING-CLEANING

(continued from page 13)

get brisk outdoor exercise every day wearing as little clothing as possible so that your skin will have an invigorating airing.

Your spring diet should be regulatory and tonic, with emphasis on vitamin-rich and mineral foods, plus lots of protein. Soft-pedal the sweet and starchy foods. Check your weight, and if you need to lose a few pounds, cut out gravies, desserts and fried foods and eat a little less bread and butter.

See that every meal includes either fruit, a salad, or two carefully cooked vegetables. This is the time to make the most of vitamin supplements. Try to drink four to six glasses of water between meals. If you drink less coffee and tea as a result, so much the better, for water is the cheapest and best of body cleansers.



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NEWS BRIEFS

(continued from page 35)

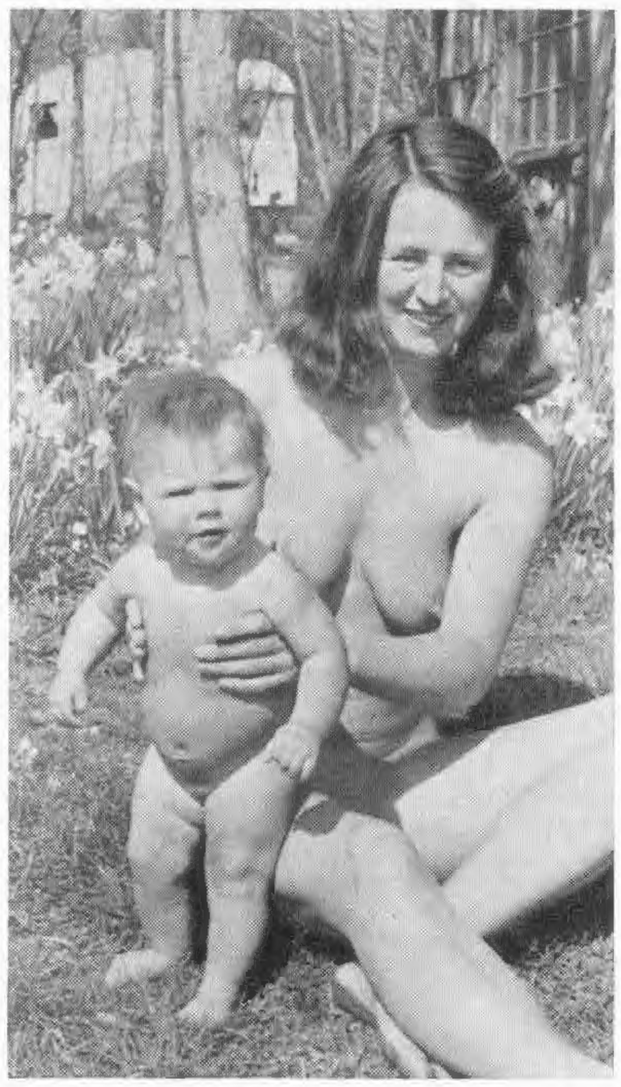
The death last year of Como's leader, A. W. Brubaker, bereaved the entire nudist movement. To him the club represented an ideal. He took great pride in the luxurious grounds and his wisdom and compassion made every man his friend.

His wife Dorothy is carrying on as he would have wished, and with the help of the extensive membership—more than 800 persons—Lake Como Club over the years will surely become a fitting and worthy monument to "Bru", long a stalwart supporter of American nudism.

Nineteen members of Central Michigan Sunbathing Club No. 507 (Battle Creek) pooled sufficient funds to buy a 45-acre tract of land they've been considering for about a year and a half. Located about equal distance from Lansing, Battle Creek, Kalamazoo, Grand Rapids, Muskegon and Alma, the wooded land overlooks the Grand River Valley.

The middle of the property forms a natural bowl and part of the ridge around it is a plateau. While all of the property can be used as the camp, the members anticipate that the center of activity will be the plateau. Due to the elevation of the land there are no swamp areas nearby and this means no mosquitoes. Adjacent property-owners have many springs, so water will be no problem, and electricity and telephone lines run along the county road bordering the land.

The Michigan nudists have considered many locations and this one is far and away the best they've seen. There is no feeling that they had to sacrifice a better place, or that this was all they could get. It's an excellent piece of land in an accessible location, ideally suited for a nudist camp, and the club owns it free and clear.



First springtime as nudists comes to some of us in 1957.

THE *Buff Beat*

You're telling us! The Mankato, Minn., *Free Press,* reporting on England's Duke of Bedford offering his estate as the site for the 1958 World Congress of Nudists, says: "It's not always a nudist gets a chance to be bitten by a blue-blooded mosquito or nipped by an aristocratic chigger!"

●

From the horse's mouth. Nationally-syndicated columnist E. V. Durling recently gave his readers the lowdown:

"In nudist and naturist camps men greatly outnumber the women. On the waiting lists of some of these camps are five times as many men as women.

"Do you know the difference between a nudist and a naturist? A nudist is primarily a sunbathing enthusiast. A naturist, in addition to being a sunbathing addict, is also a vegetarian, a non-smoker and a teetotaler." See? That's how the word gets around.

●

Plain dealing? The Cleveland, Ohio *Plain Dealer* ardently supports Ohio's no-nudity law, not on the basis that running around in no clothes is wicked, you understand, but rather that most adults look so perfectly ghastly in nothing but their skin!

According to a gentlemanly, somewhat self-conscious editorial writer, there's nothing like a pair of trousers to conceal a sagging belly and pipestem legs. Even as regards the female figure, he says, clothing often enhances, though to dwell on that subject would be something less than gallant, if not downright dangerous.

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NUDIST

information—how to locate nudist parks—How to join a nudist camp, etc. The true "inside" facts about nudism. Send $1 for 36-page printed, illustrated booklet, names and addresses of 100 nudist camps, 8 nudist cartoons, and sample of nudist product, sent by first class mail, under plain sealed cover. Rush name, address & $1 today to . . . .

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DON'T MISS NEXT MONTH'S ISSUE OF

modern

Sunbathing

and hygiene

"Not only mad dogs and Englishmen go out in the midday sun,"

says Wendy. "American nudists seem to ignore common sense, too. Most of her fair skin was under a very large hat as she spoke, sitting on the Islanders' coral sand quite a few thousand miles from her home in England. Red-headed Wendy stands five-six in her bare feet, but she stands still very seldom. Vivacious and talkative, in her own droll way she has some pungent things to say about Americans while she pulls a photographer's leg. Read them in the May issue.